

Discover

the 4 areas of

intimacy



JIM & CARRIE GORDON
creators of
The Intimate Couple

WHY MOST COUPLES struggle with **intimacy**



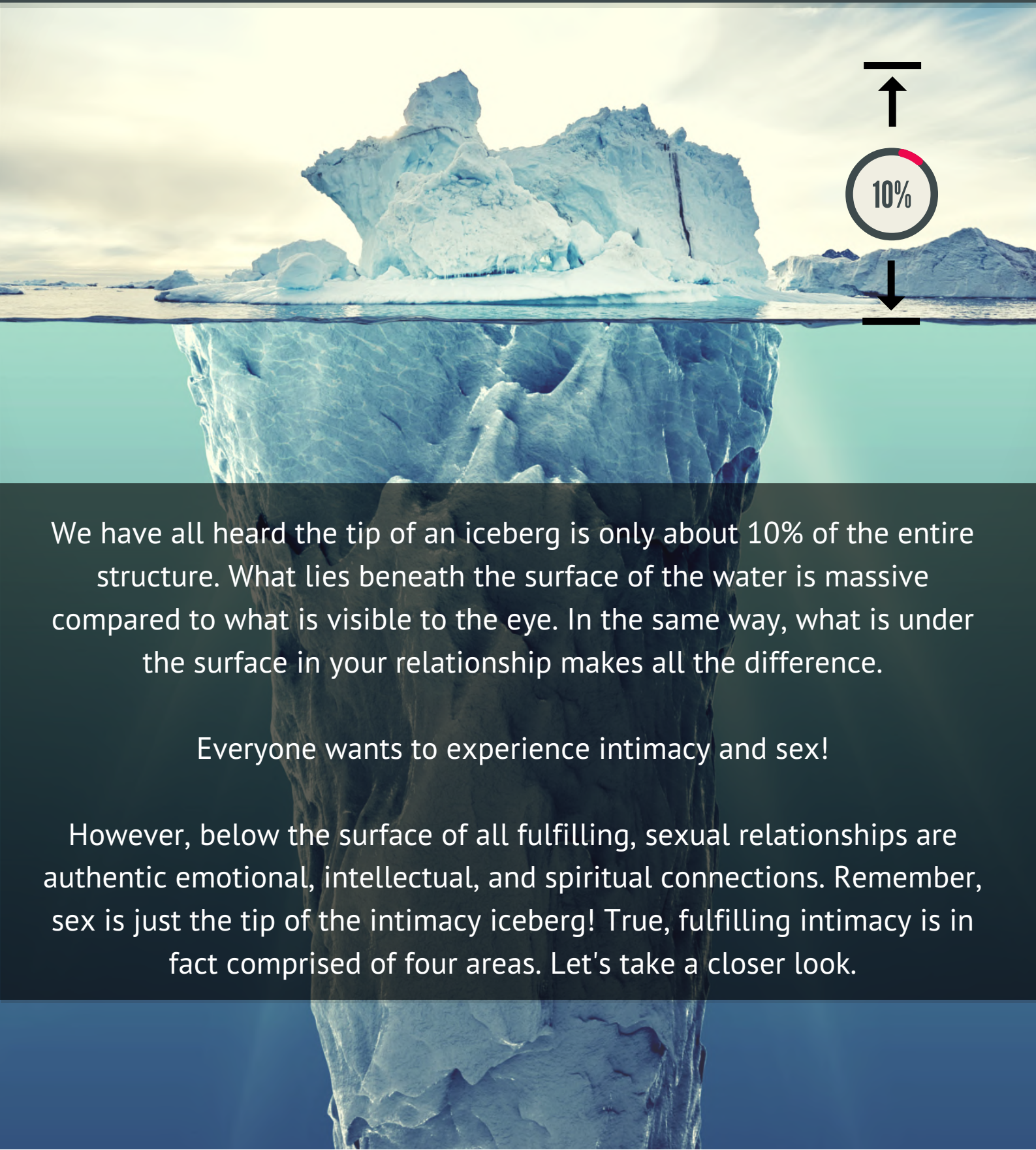
Here at The Intimate Couple, we've been helping couples create their dream marriage for over 15 years. What does a dream marriage look like? For most couples, their top desires include re-kindling passion, having great sex, and enjoying deeper intimacy with their spouse.

However, when people hear the word 'intimacy', they usually think SEX. While sex is *definitely* a huge component of intimacy, amazing and satisfying sex for both partners comes from developing each of the four areas of intimacy! In helping thousands of couples, we've discovered that understanding this is central to the satisfying marriage and sex life we all want.

If you and your spouse will commit to understanding the four areas of intimacy and doing what it takes to strengthen each one, you'll enjoy deeper intimacy, better sex, and a more fulfilling marriage.

Sincerely,
Jim & Carrie Gordon, Creators of The Intimate Couple

THE
intimacy
ICEBERG



We have all heard the tip of an iceberg is only about 10% of the entire structure. What lies beneath the surface of the water is massive compared to what is visible to the eye. In the same way, what is under the surface in your relationship makes all the difference.

Everyone wants to experience intimacy and sex!

However, below the surface of all fulfilling, sexual relationships are authentic emotional, intellectual, and spiritual connections. Remember, sex is just the tip of the intimacy iceberg! True, fulfilling intimacy is in fact comprised of four areas. Let's take a closer look.



SEXUAL



EMOTIONAL



INTELLECTUAL



SPIRITUAL



SEXUAL **intimacy**



Below the surface of all fulfilling sexual relationships are authentic emotional, intellectual, and spiritual connections. Whenever people begin talking about intimacy, most are usually thinking sex.

While the other forms of intimacy can be experienced between any two people, sexual intercourse, reserved between husband and wife, makes marriage the most unique of all relationships. In sexual union, a man and wife are made one flesh.

There is a much higher rate (more than 50% higher) of separation between lovers when they cohabit, as opposed to their married counterparts. One factor is that the commitment of marriage provides the best context for intimacy, sexual and otherwise.



EMOTIONAL **intimacy**



It is in this particular area of closeness that romance best fits into the picture. When our emotions are involved, things get very interesting! Emotional intimacy encompasses all the warm, cozy feelings of falling in love and being in love.

All of the words, thoughts, and actions that affect how we feel about our spouse and about our marriage have a bearing on emotional intimacy. Some even liken emotional intimacy to the idea of having a soulmate connection, where there is a deep bond between husband and wife.

There is no better definition of emotional intimacy than a connectedness that exists when two people are enjoying the benefits of commitment and trust toward each other.



INTELLECTUAL **intimacy**



While intellectual intimacy may be the most overlooked, it is this closeness that often first binds two people together. Many couples feel that spark of excitement growing between them as they spend time conversing and getting to know each other.

Even where there is physical attraction, it is the closeness developed through getting to know one other intellectually that truly draws a couple to each other. This process begins intellectually and quickly becomes emotional as well.

In the context of intellectual intimacy and mental closeness, husband and wife know that their spouse is loyal and can be fully trusted, so they feel at ease to share and be their authentic selves.



SPIRITUAL **intimacy**



While arguably the most neglected intimacy, spiritual intimacy is the most significant type of closeness because it is a tri-intimacy involving husband, wife, and God. It also affects all the other areas so powerfully!

Based on the bedrock of common values and beliefs, spiritual intimacy extends our oneness to the very core of who we are, and influences how we perceive ourselves and the world around us.

Our relationship with God is like the hub of a wheel. Everything else in life comes into balance when the Lord has central position in our life. Husband and wife make a vow to each other — in the sight of God, and including God. With this understanding, as we grow closer to our spouse spiritually, we also grow closer to God.

EXPERIENCE GREATER



intimacy



We've explored the four areas of intimacy fundamental to any fulfilling relationship – now what?

Our hope for you is that you would ignite or re-ignite the passion, deepen the intimacy, and ultimately transform your marriage!

Thousands of couples seeking to revitalize and transform their marriage have found our 7-Day Sex Challenge an amazing tool to help them do just that. If you stop and think about, our 7-Day Sex Challenge has helped facilitate 7,000 + nights of sex. Wow!

NOW IT'S YOUR TURN!

TAKE THE CHALLENGE

The 7-Day Sex Challenge



MARRIAGES ARE UNDER MORE PRESSURES TODAY THAN EVER BEFORE!

- Financial stress
- Busyness
- Tiredness
- Stagnant relationships
- Lack of intimacy
- Declining sex

All of these factors are taking their toll on marriages.

Now, after helping hundreds of couples, we have a plan to help revitalize your marriage.


The 7-Day Sex Challenge is not about tricks and techniques—it's about developing intimacy! Sex will be a wonderful by-product of taking our 7-Day marriage course!

Your marriage will be transformed!

You'll learn practical marriage applications for:

1. Commitment
2. Forgiveness
3. Marriage Design
4. Marriage Vows
5. "Rewinding" your Relationship
6. Sex

WHAT OTHERS ARE SAYING



” The 7-Day Challenge was fantastic — it enabled more open communication about our love-making. We were also much more comfortable experimenting with new and fun ‘adventures’. The attention to detail that my husband had throughout the day and his focus on making me feel loved helped to create greater intimacy in our marriage on so many levels. Thank-you for this opportunity to grow!

GET THE BOOK HERE:

www.theintimatecouple.com/take-the-challenge

We're so confident that The 7-Day Sex Challenge will have a positive, transformative effect on your marriage that the e-book comes with our *No-Questions-Asked Guarantee*:

If you're not satisfied with this marriage tool, just email us within 3 weeks of your date of purchase and we'll issue your 100% refund immediately. Your e-book purchase is 100% safe and secure—and 100% risk-free!

BUY TODAY